

## Raspberry Grape Salad

Makes: 50 or 100 Servings

50 Servings 100 Servings

Ingredients	Weight	Measure	Weight	Measure
Yogurt, vanilla, low-fat		1 qt		2 qt
Raspberries, IQF or fresh		2 qt		1 gal
Mint, dried		2 Tbsp		4 Tbsp
Red Grapes,seedless, washed		3 qt		6 qt
Green Grapes, seedless, washed		3 qt		6 qt

## **Directions**

- 1. Combine yogurt and raspberries in large bowl.
- 2. Add mint to yogurt mixture and mix well.
- 3. Add green and red grapes to the yogurt mixture and toss lightly to coat.
- 4. Chill well before serving.
- 5. Serve 3/4 cup (6 ounces).

## **Notes**

Additional Tips

You can find the recipe for 25 servings and family sized servings <u>here</u>.

Key Nutrients	Amount	% Daily Value
Total Calories	80	
Total Fat	NA	
Protein	2 g	
Carbohydrates	19 g	
Dietary Fiber	1 g	
Saturated Fat	NA	
Sodium	15 mg	